

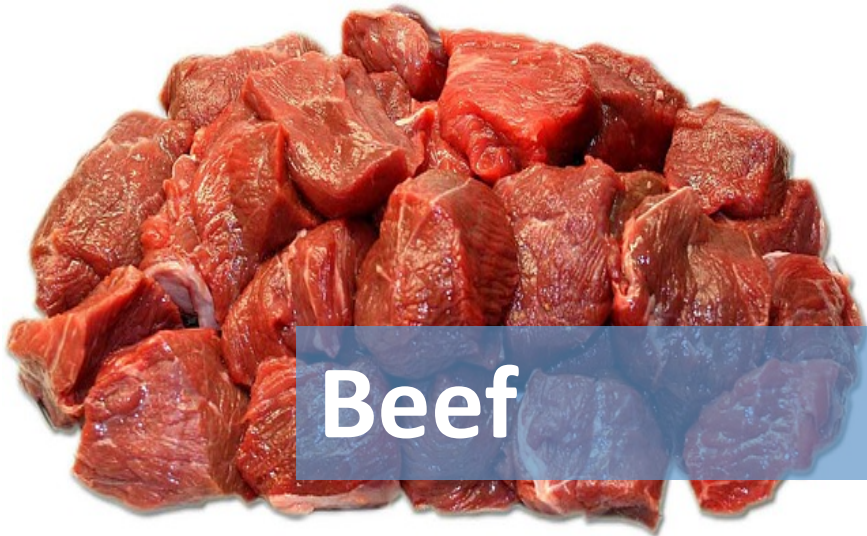


Recipe Challenge

TOTAL **BRAIN** HEALTH



Chick Peas



Beef



Butter



Tomatoes



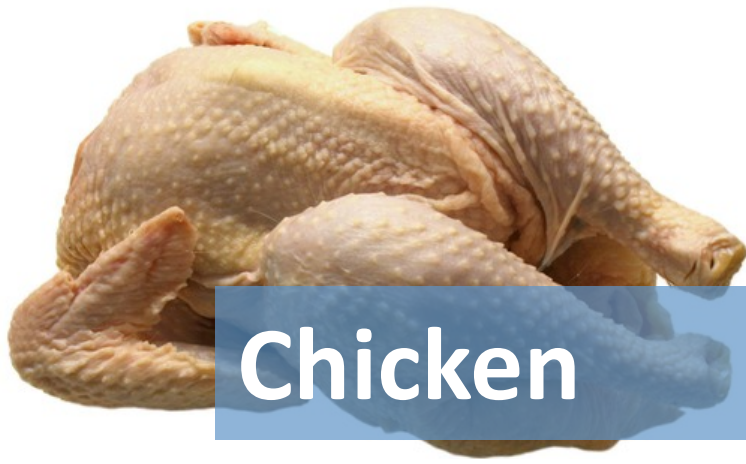
Avocado



Cranberries



Black Beans



Chicken



Lettuce



Cucumber



Olive Oil



Onion



Salt



Whole Wheat Pasta



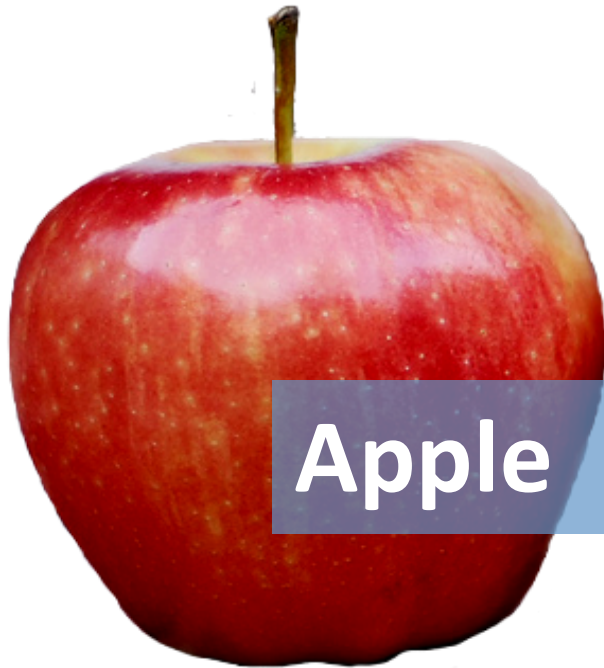
Salmon



Potatoes



Quinoa



Apple



Sunflower Seeds



Thyme



Brown Rice



Cheese



Walnuts



Vinegar



Bread



Broccoli



Eggs



Cloves



Lemon



Milk



Garlic