



TOTAL BRAIN HEALTH® STUDENT SURVEY

Please complete the following survey. Your answers will help us continue to best serve you.

1. WHICH TBH TOOLKIT COURSE DID YOU PARTICIPATE IN?

TBH BRAIN WORKOUT Level 1.0 TBH MEMORY Level 1.0
 TBH BRAIN WORKOUT Level 2.0 Personal Best TBH MEMORY Level 2.0 Personal Best

2. CLASS LOCATION: _____ TRAINER: _____

3. AVERAGE CLASS LENGTH? 15-minutes 30-minutes 1-hour

4. CLASSES ATTENDED? 1-5 Classes 6-10 Classes 11+ Classes

I feel that this TBH® Program ...	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Increased my knowledge about brain health					
Gave me a chance to try new, brain healthy activities					
Was well organized					
Met my objectives for attending					
Used an interesting and engaging format					
Created new chances to socialize					

As a result of this course, I would be more likely to...	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Make brain healthy choices part of my routine					
Participate in another TBH program, if offered					
Recommend this program to a friend					

Were You Satisfied with this course?	Very Satisfied	Satisfied	Neutral	Dis-Satisfied	Not at All Satisfied

5. ADDITIONAL COMMENTS OR SUGGESTIONS

Thank you for your participation! Please mail to:
Total Brain Health, PO Box 3386, Memorial Station, Montclair, NJ 07043