



TOTAL BRAIN HEALTH® STUDENT SURVEY

Please share your feedback about your TBH® Toolkits course experience. Your answers are anonymous and are invaluable in helping us provide high quality brain fitness programming. Thank you for the opportunity to serve you.

WHICH TBH® TOOLKIT COURSE DID YOU PARTICIPATE IN (circle one)?

TBH BRAIN WORKOUT

TBH MEMORY

TBH BRAIN WORKOUT "In Just 15!"

TBH MEMORY "In Just 15!"

TBH BRAIN WORKOUT 2.0 *Personal Best*

I feel that this TBH® Program ...	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Increased my knowledge about brain health.					
Gave me a chance to try several new, brain healthy activities.					
Was well organized.					
Met my objectives for attending.					
Used an interesting and engaging format.					
Created new chances to socialize.					

As a result of participating in this course or program, I would be more likely to...	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Make brain healthy choices part of my routine.					
Participate in another more challenging TBH program, if offered.					
Recommend this program to a friend.					

WHAT DID YOU HOPE TO LEARN FROM THIS COURSE?: _____

ADDITIONAL COMMENTS OR SUGGESTIONS: _____

Thank You for Taking Our Survey! Please mail to: Total Brain Health, PO Box 3386, Upper Montclair, NJ 07043