



COURSE PLANNING GUIDE

TBH COURSE (circle one):

TBH BRAIN WORKOUT

TBH MEMORY

TBH BRAIN WORKOUT *In Just 15!*

TBH MEMORY *In Just 15!*

TBH BRAIN WORKOUT *2.0 Personal Best*

TARGET AUDIENCE (circle one):

Community residents/members

Prospective residents/members

Staff

Family members of residents/members

Private Client

Other: _____

COURSE SCHEDULE:

Time of Year (circle one): Winter Spring Summer Fall

Month(s) (circle one): Jan Feb March April May June July August Sept Oct Nov Dec

Day of Week (circle one): Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Time of Day: ____ am/pm -- ____ am/pm

LOCATION: _____

ROOM SET UP: _____